Bird Box Screenplay by Eric Heisserer. Based on the novel by Josh Malerman

Listen to me, cos l'm only going to say this once. We're going on the trip now. It's going to be rough. It's going to feel like it's going on for a long time so it's going to be hard to stay alert and it's going to be even harder to be quiet but you have to do both. You have to do every single thing I say or we will not make it. Understand. Under no circumstance are you allowed to take off your blindfold. If I find that you have I will hurt you, do you understand.

This is just a place. There's nothing more we need from it. Do you understand? And no talking on the river. You must listen as closely as you can. If you hear something in the woods, you tell me. If you hear something in the water you tell me but you never, ever take off your blindfold. If you look you will die. Do you understand?